DAY 01

Monday, February 4th, 2019:
Opening and plenary sessions

Principal organizers present the rationale and conceptual basis of the workshop, its structure, and its aims. Participants briefly introduce themselves and their research. Opening session reviews the current state of the field and the ISF-funded study. In Session #2, participants give talks in their areas of expertise followed by discussions.

9:00-9:30 Coffee and gathering
9:30-10:15 Greetings and introduction to the workshop
Greetings by President/Rector, Dean of the Faculty of Social Welfare and Health
Opening comments by Prof. Yuval Palgi

Opening Session
Chair and discussant: Prof. Dov Shmotkin
10:15-10:45 Prof. Hans-Werner Wahl (Skype/ Videotaped lecture): Why is subjective aging a key issue for behavioral and social gerontology?

10:45-11:00 Coffee break

11:00-11:30 Prof. Amit Shrira: Subjective aging and health: Charted and uncharted areas
11:30-12:00 Prof. Yuval Palgi: The ISF-funded research: Health-related findings
12:00-12:15 Discussion

12:15 -13:00 Lunch

13:00-14:30 Personal introduction

Session #2: Subjective aging, physical and cognitive health
Chair and discussant: Prof. Gitit Kavé
14:30-14:55 Dr. Yannick Stephan: Subjective age and health across adulthood
14:55-15:20 Prof. Shevaun Neupert: State and trait aging perceptions are associated with daily cognition
15:45-16:00 Discussion

16:00-17:00 Afternoon cocktail
Tuesday, February 5th, 2019: Plenary sessions

In Sessions #3-5, participants give talks in their areas of expertise followed by discussions. Poster session presents research by post-doc researchers and PhD students.

**Session #3: Psychopathological and translational aspects of subjective aging**
Chair and discussant: Prof. Amit Shrira
9:30-9:55 Dr. Sharon Avidor: When does trauma loom over the aging process? The association between perceptions of age and time with adjustment to trauma in later life
9:55-10:20 Dr. Yaakov Hoffman: PTSD-depression comorbidity and health among older adults exposed to missile attacks: The buffering effect of young subjective age
10:20-10:45 Dr. Dikla Segel-Karpas: Depression and physical morbidity: Subjective age as a moderator
10:45-11:10 Prof. Manfred Diehl: Interventions to change adults’ views on aging: Opportunities and challenges
11:10-11:25 Discussion

11:25-11:40 Coffee break

**Session #4: Subjective aging: Attitudes and awareness**
Chair and discussant: Prof. Clemens Tesch-Römer
11:40-12:05 Prof. Klaus Rothermund: Awareness of age-related change: Disentangling changes from age-related attributions
12:05-12:30 Prof. Ehud Bodner: On day-to-day variability in perceptions of age discrimination and ageism
12:30-12:55 Prof. Liat Ayalon: Perceptions of old age and aging in the continuing care retirement community
12:55-13:10 Discussion

13:10-13:40 Poster session

13:40-14:25 Lunch

**Session #5: From actual to perceived closeness to death**
Chair and discussant: Prof. Yuval Palgi
14:25-14:50 Prof. Frieder Lang: Motivation for longevity: Determinants and consequences
14:50-15:15 Prof. Denis Gerstorf: Terminal decline of individual function: What we know and what we don’t about the how, when, and why
15:15-15:40 Dr. Yoav Bergman: Subjective nearness-to-death: A terror management perspective
15:40-15:55 Discussion

15:55-16:10 Best Poster Award

16:10-16:25 Short introduction to the working groups
Wednesday, February 6th, 2019:

Work in small groups aims at developing ideas for advancing the field of subjective aging. The participants divide into three small working groups. Each group is designated with a chair, who leads the discussions. The aim of each group is to formulate ideas on how to best advance the field and to suggest main subjects for inquiry and academic developments. The day concludes with a session that integrates the ideas and suggestions of the working groups into operative decisions.

9:00-10:30 Working group discussions according to the following issues:

1. Subjective aging, physical and cognitive health
   Chair: Prof. Shevaun Neupert
   Participants: Prof. Denis Gerstorf, Dr. Yaakov Hoffman, Prof. Gitit Kavé, Dr. Dikla Segel-Karpas, Dr. Yannick Stephan, Prof. Susanne Wurm (conditionally)

2. Subjective aging: Ageism and social discrimination
   Chair: Prof. Klaus Rothermund
   Participants: Prof. Liat Ayalon, Dr. Yoav Bergman, Prof. Ehud Bodner, Prof. Clemens Tesch-Römer

3. Subjective aging, psychopathology and interventions
   Chair: Prof. Manfred Diehl
   Participants: Dr. Sharon Avidor, Prof. Frieder Lang, Prof. Yuval Palgi, Prof. Dov Shmotkin, Prof. Amit Shrira

10:30-10:45 Coffee break

10:45-11:15 Presentation of the group products
11:15-12:00 General discussion and operational decisions
   Chair: Prof. Dov Shmotkin

12:00-12:30 Sandwich break and arrangement for the trip
12:30-17:30 Trip to Akko (more details to come…)
17:30 Farewell

- Attendance is free of charge, but registration is required due to limited space.
- Please let us know if you are interested to join our trip to Akko.
- For registration / Parking at the university, please contact Nitzan Sedler at: nitzansedler@gmail.com